



Arts for Learning CT PROGRAM GUIDE

LEARNING OBJECTIVES

- To create a deeper understanding of Hip-Hop culture and break associated stereotypes.
- To demonstrate Hip-Hop culture and educate students on its history.
- To promote the positive benefits of dance such as teamwork and artistic expression.
- To show dance as an outlet for energy and exercise.

Hip Hop Dimensions

ABOUT THE PROGRAM

Hip-Hop Dimensions is designed for all ages and everyone who loves movement and music!

The Poetry in Motion crew will educate audiences on basic Hip-Hop freestyle, break dancing, waving, robotics, and more. Audiences will learn the vocabulary, skills, and history of Hip-Hop. Their electrifying performances amaze audiences, not only with dancing, but with knowledge.

RESIDENCY

Multiple visits by members of the crew lead to an invigorating performance by your class or group. The focus is on self-esteem and team building.



1 Evergreen Ave.
Suite 33
Hamden, CT
06514



Arts for
Learning
Connecticut



About the Artist & Program Preparations

ABOUT THE ARTIST

The Poetry in Motion Crew is a diverse collection of Hip-Hop and Break dancers. While electrifying audiences, they inspire audiences to use dance as an outlet for positive artistic expression. At the same time, audiences are educated on the history, culture, foundation, and styles of Hip-Hop. These dancers maintain the highest level of professionalism and keeps in mind age-appropriateness when performing. The Poetry in Motion Crew preserves the pure essence of Hip Hop as art.

Vocabulary and Concepts

- Popping
- Locking
- Boogaloo
- Freestyle
- Party moves
- House Dancing
- Break Dancing
- Old School

PRE PROGRAM

- Have a short lesson on Hip-Hop culture and its history.
- Listen to select Hip-Hop recording artists.
- Discuss the physical and mental prowess needed to become successful at this type of dance.
- Examine how teamwork is important to dance.
- Talk about how break dancing relates to other forms of dance.

POST PROGRAM

- Is competitive dance a powerful alternative to physical violence?
- Make a list of the constructive and, at times, destructive nature of Hip-Hop.
- Compare how people expressed themselves in the past, and discuss it in relation to today.
- Try comparing the art, dance, and music.

CURRICULAR LINKS

Source: The CT Framework – Dance

Standard 1: Elements and Skills Students will demonstrate the following movement skills and explain the underlying principles: alignment, balance, initiation of movement, articulation of isolated body parts, weight shift, elevation and landing.

Standard 3: Meaning Students will observe and explain how different accompaniment (such as sound, music, spoken text) can affect the meaning of a dance.

RESOURCES

www.uic.edu/orgs/kbc/hiphop/index.htm | www.breakdance.com/

"Our staff can't stop complimenting this group! The overall program was first rate, relevant and professional. Their presentation was the best I have seen in 16 years of teaching!"

– Webster Elementary School



Website:
<http://www.aflct.org>



Contact:
203.230.8101



Email:
info@aflct.org