

Arts for Learning CT PROGRAM GUIDE

LEARNING OBJECTIVES

- To collaborate with peers to develop a dance routine
- To learn new dance techniques
- To learn how African dance has influenced popular dance culture



Masem Enyong Afro-Beat Fun

ABOUT THE PROGRAMS

A fun and energetic class where students get to explore a fusion of traditional West African moves and sounds and contemporary Afro beats. Masem's focus is on everyone having fun and learning something new. She emphasizes the importance of creating a healthy sense of self and community where people are nice to one another, work as a team to accomplish one common goal and have the confidence to share what they know or have learned.



ARTS FOR LEARNING CT
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Arts for
Learning
Connecticut



About the Artist & Program Preparations

ABOUT THE ARTIST

Masem Enyong is a West African Dance Instructor. For 14 years she has taught all ages and levels at various studios and schools. Her dance training started at a very young age and she attended Central Connecticut State University where she was mentored by Catherine Fellows and studied different dance techniques such as Laban and dance styles including Ballet, Hip-Hop, Modern and different varieties of African Dance. Over the years it has been her passion to not only open up the world of traditional West African Dance to all who she comes across but to also highlight the modern and contemporary side of African music and movement through her Afrobeats Fun class. Above all Masem believes that dance should be fun for and accessible to all. Inhale up and breathe out.

PRE PROGRAM

For older students: Give the students the phrase Dancing makes _____ me feel _____. They can fill it out and hand it to the teacher with their name on it, but they don't have to share it. During Masem's class the class will talk about what they wrote and when the movement portion is done they will get to revisit their statement.

For younger students: Have the students draw a picture of them doing something they like. They will bring the drawings with them to the class.

POST PROGRAM

For older students: Have the students talk about their before and after statements. This builds confidence and self-esteem. They usually walk away more open to new experiences and believing that they will do fine just because they tried.

For younger students: Have the students add on to their pictures this time adding what they did in dance class (their favorite part) and add their friends in the picture. This activity reminds them they can share the things and activities they love with people around them.

CURRICULAR LINKS

NATIONAL CORE ARTS STANDARDS

- **Anchor Standard 1:** Generate and conceptualize artistic ideas and work.
- **Anchor Standard 2:** Organize and develop artistic ideas and work.
- **Anchor Standard 3:** Refine and complete artistic work
- **Anchor Standard 5:** Develop and refine artistic techniques and work for presentation.
- **Anchor Standard 6:** Convey meaning through the presentation of artistic work
- **Anchor Standard 9:** Apply criteria to evaluate artistic work
- **Anchor Standard 11:** Relate artistic ideas and works with societal, cultural, and historical context to deepen understanding.

Masem Enyong has been teaching West African dance and Creative movement to students K-12 and adults for over a decade. Her unique style of fusing both traditional sounds and moves with contemporary Afro beat sounds and moves fill the room with laughter and fun energy. You don't just leave her class with fun and sometimes new moves. You leave with love, hope, peace, culture and unity.



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